

# SAVE A LIFE! CALL 911 AND USE NALOXONE

**If you see someone experiencing an overdose:**



**Step 1: Always call 911**

**Step 2: Use naloxone if you have it**

**Step 3: Stay with the person until help arrives and start rescue breathing, if you are able**

If you have it, naloxone (Narcan) is a medication that can reverse the effects of opioid overdose for up to an hour.

## **How to administer nasal naloxone:**

- Peel back package to remove device
- Place device tip in nostril until your fingers touch bottom of the nose
- Press plunger firmly to release the dose
- Give a second dose if the first one does not work within 2-3 minutes



Source: Maryland Department of Health Behavioral Health Administration  
Be a Hero: Save a Life with Naloxone ([howtoadministernaloxone.maryland.gov/en/index.html#how-to-use](https://howtoadministernaloxone.maryland.gov/en/index.html#how-to-use))