

WORKING FROM HOME:

HOW TO STAY CONNECTED WITH YOUR TEAM

Creative ways to keep a sense of community and connection among staff while working from home:

- **Choose a work buddy.**

Check-in with your work buddy regularly and learn about ways you can effectively support one another.

- **Schedule virtual coffee breaks.**

Coffee breaks are unstructured times that provide opportunity for camaraderie.

- **Start meetings off with check-ins.**

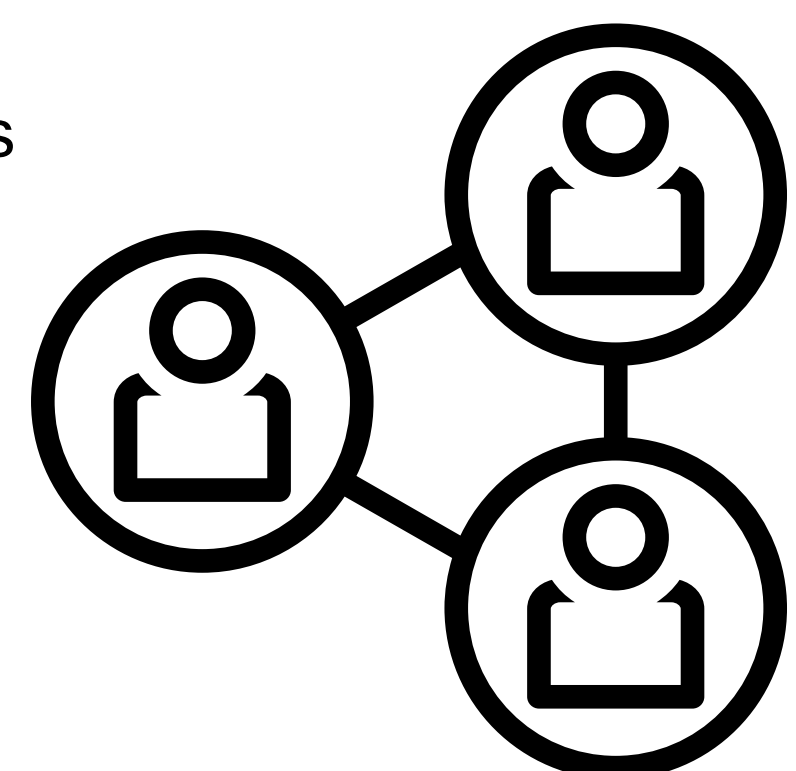
Provide the opportunity for team members to give an update on how they are doing both personally and professionally.

- **Send one another cards and small pick-me ups.**

Learn about what small gestures will make your coworker's day.

- **Commit to a fun challenge.**

As a team, set a goal and hold one another accountable (read a book, start a fitness challenge, etc).



How are you staying connected during COVID-19?

Stay healthy. Stay connected.