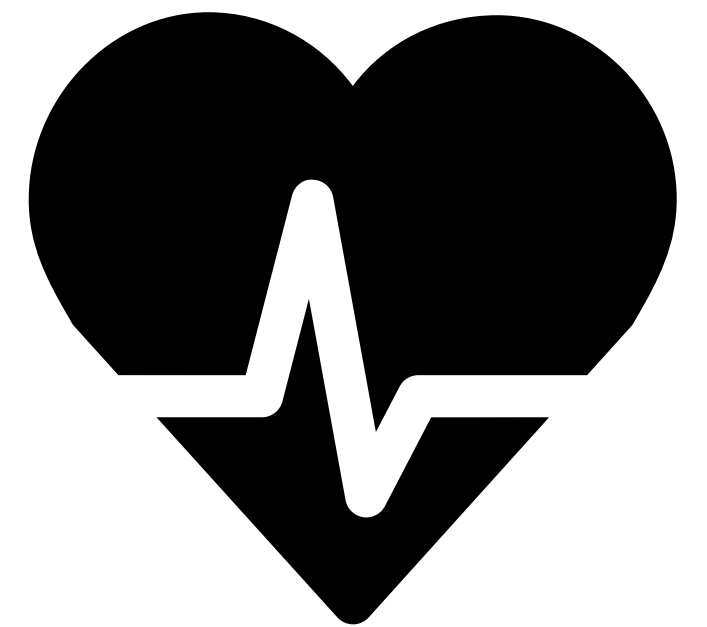


YOUR HEALTH IS ESSENTIAL!

Staying on top of your health care is essential to staying healthy, **especially if you have a chronic disease** such as heart disease, diabetes, arthritis, high blood pressure, or a respiratory disease.

Working with your primary care provider regularly helps keep you at your healthiest. **During these difficult times, it is more important than ever to prioritize your health.**



If you're unsure whether or not you need medical attention, call your doctor's office.

If you don't feel comfortable going in-person, look into telehealth (both video and voice call) or being seen in your car! **Medical providers have worked very hard to continue to provide safe spaces for you to receive care.**



What to expect when you arrive? You can expect to have your temperature taken and to be asked additional questions before going inside. Waiting rooms have been reconfigured to ensure physical distancing of 6 feet.

Stay healthy. Stay connected.