



Action plan

Focus area: Together, recovery is possible



Overview of focus area

Substance use impacts far too many individuals and families across the region. Most of us have a friend, family member, neighbor, or coworker who has struggled with addiction. By prioritizing collaborative and innovative approaches to addressing substance use, partners and communities will be able to foster effective treatment and prevention strategies.

Overview of the Olympic Action Collaboratives to date







Partners representing the multi-faceted system needed to support treatment and recovery came together several times in 2022 under the OCH Action Collaborative initiative to create a four-year (2023-2026) regional action plan that reflects the needs and context of the Olympic region.



- primary care
- behavioral health
- hospitals
- public health
- community-based organizations
- educational settings
- Tribes

Result statement

“A region that has compassion for individuals impacted by substance use and supports individuals throughout their personal recovery journey.”

Strategy	Actions
<p><u>Convening, Learning, & Maximizing</u> These actions will be collaboratively led by OCH with guidance and support from partners</p>	<p> Take action to address and reduce stigma of those community members with a substance use disorder through community-wide education, youth engagement, and through policy and systems change.</p> <p>Collaborate with existing prevention coalitions and efforts to support upstream efforts to prevent substance use disorder before it starts.</p>
<p><u>Place-Based Approaches</u> These actions are to be collaboratively implemented by partners in the OCH network with support from OCH</p>	<p> Increase the availability of long-term and safe transitional and respite housing options for people throughout their recovery journey (alignment with housing focus area).</p> <p> Increase treatment options to serve clients with both mental health and substance use disorder needs.</p> <p> Expand harm-reduction services across the recovery spectrum including outreach and treatment.</p> <p> Collaborate to add additional detox and inpatient treatment beds throughout the Olympic region.</p> <p> Embed substance use disorder (SUD) services in mobile units and jail programs including connecting people to respite and transitional housing (alignment with housing focus area).</p>

Indicators: OCH will measure regional progress toward the result statement by tracking these indicators. As needed, OCH will update the list of indicators as more reliable data become available. Funded partners will track performance measures related to their specific projects.

- [All-cause Emergency Department visits](#): The rate of Medicaid beneficiaries with visits to an emergency department, including visits related to mental health and substance use disorder.
- [Substance use disorder treatment penetration](#): The percentage of Medicaid beneficiaries, 12 years of age and older, with a substance use disorder treatment need identified within the past two years, who received at least one qualifying substance use disorder treatment during the measurement year.
- [SUD Inpatient facility utilization](#): The number of admissions to inpatient facilities by Medicaid beneficiaries in the Olympic Region for substance- and alcohol-related disorders.
- [Number of detox/withdrawal beds](#): The number of residential withdrawal management beds - short-term inpatient support services for clients experiencing mild to moderate withdrawal symptoms.
- [Number of beds for transitional housing](#): The number of housing options available that assist people with substance use disorders in transitioning from homelessness to permanent housing.
- [Perceived stigma scale](#): An 8-item self-report measure of community members’ perceived stigma towards people with substance use disorders.
- [Drug-related mortality rate](#): The number of drug and alcohol-related deaths across the region.

Populations of emphasis: While the work of OCH impacts the general population, specific action items may include further refinement and detail of specific populations of emphasis.

- People in **recovery**, including their families and friends
- People who are **incarcerated**
- People in **rural** areas
- **LatinX** community
- **Tribal** members
- People who are **unhoused** or **housing insecure**
- **Youth**
- Housing, health care **providers**
- **LGBTQ+** community
- People who use **substances**
- People with **disabilities**
- People with **mental illnesses**
- **Survivors** of human trafficking and/or sexual assault
- People who are **elderly** or **aging**
- **People of color**

What’s next? OCH partners will come together in 2023 to begin implementation. There is room for everyone in this important work. Contact OCH@olympicch.org to learn how you can get involved.