

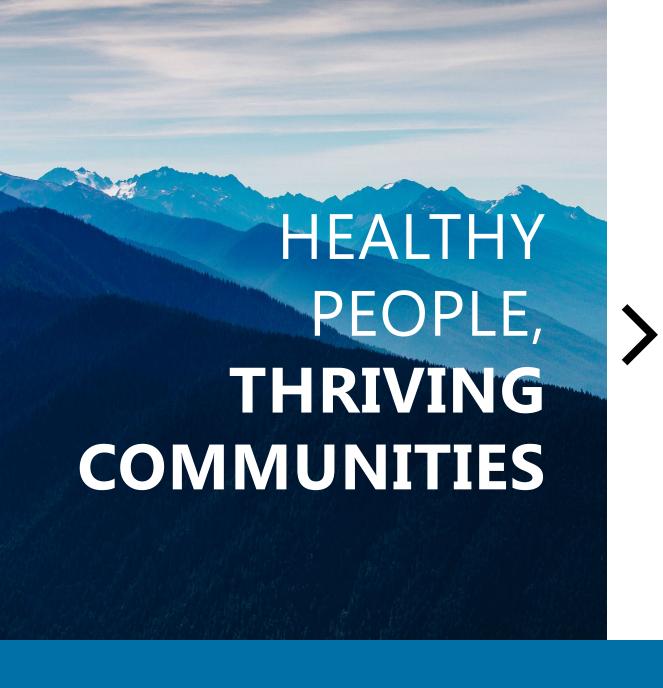
Connecting to data

Exploring regional health through a data lens

Land Acknowledgement

Together, we acknowledge, with humility, the indigenous peoples whose presence permeates the waterways, shorelines, valleys, and mountains of the Olympic region. The land where we are is the territory of the Chimacum, Hoh, Makah, S'Klallam, Suquamish, and Quileute tribes on whose sacred land we live, work, and play.





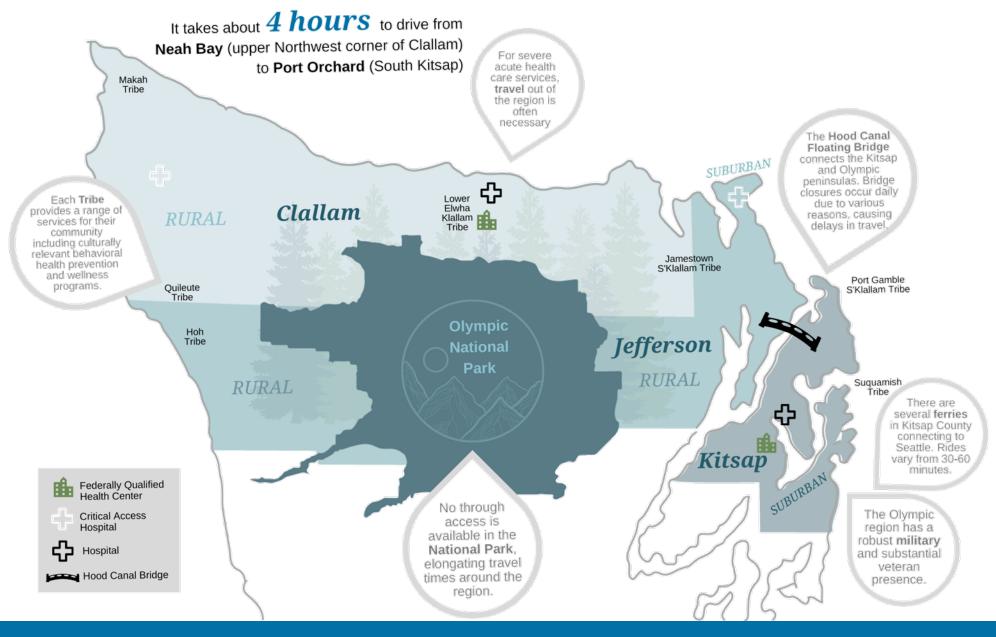
PURPOSE

Tackling health issues that no single sector or Tribe can tackle alone

MISSION

To solve health problems through collaborative action









Access to full

spectrum of care

Individual needs are

met timely, easily, and

compassionately

Together, recovery

is possible



Long-term,

affordable, quality

housing

What is the "connecting to data" tool?



In 2021, the OCH Board of Directors adopted a 2022-2026 strategic plan that outlined four key focus areas. These focus areas guide how OCH allocates time, funding, and other resources.

In 2022, four action collaboratives came together to create action plans that bring the four focus areas to life with clear regional actions, measures of success, and populations of emphasis.

This tool provides a summary of all action plan indicators* including key takeaways and why the measure is important to regional health and well-being.

*OCH will coordinate with regional partners to implement focus groups and surveys with community members to identify progress and barriers for the focus area "Individual needs are met timely, easily, and compassionately". Metrics for this focus area are not included in the "connecting to data" tool.

Additionally, the OCH network of partners is key to success in other areas, so the tool also tracks measures associated with the strength of the network.



How to use this tool

Data sharing & transparency is a key strategy for OCH.

OCH can serve as a hub for regional data and analytics. OCH collaborates with partners to create shared measures of success. OCH shares successes and challenges through effective and efficient data products.

Partners can use this tool in whatever way is valuable to them:

- Use the info to inform the direction of collaborative projects
- Embed these data into grant applications
- Explore the indicators to better understand local health needs
- And so many more uses!



The Olympic Region Demographics



Regional Demographics: Population

Data point	Clallam County	Jefferson County	Kitsap County	Olympic Region	WA State
Population (est. July 1 2021)	78,209	33,605	274,314	386,128	7,738,692
Female persons	50.40%	50.90%	48.70%	50.00%	49.60%
2020 Median Age	<u>50.9</u>	<u>59</u>	<u>39.2</u>	49.7	<u>37.8</u>
Persons 65 years and over	31.00%	39.20%	19.10%	29.77%	16.20%

Clallam

Jefferson

The Olympic region has almost double the percentage of persons 65 years and over when compared to WA.

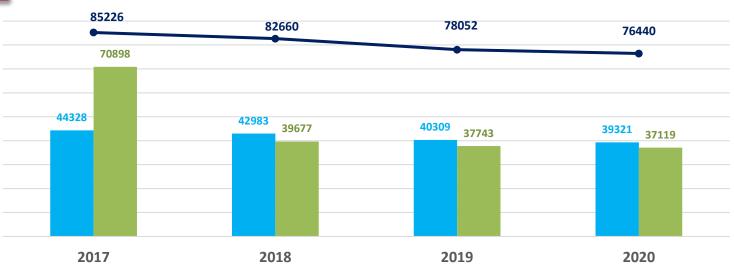


Source

US Census Bureau



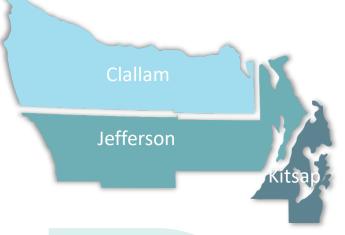
Regional Demographics: Medicaid Beneficiaries



Number of Female Olympic Region Medicaid Beneficiaries

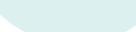
Data point	2017	2018	2019	2020
Adults 18-44 - Region	35491	33945	30009	29493
Adults 45-64 - Region	17008	16238	15562	15674
Adults 65+ - Region	148	165	164	151
Children 0-17 - Region	32570	32312	32317	31122

Source: Washington State
Medicaid Explorer



Number of 2020 Medicaid beneficiaries by county

Clallam: 19,717 Jefferson: 7,102 Kitsap: 49,621

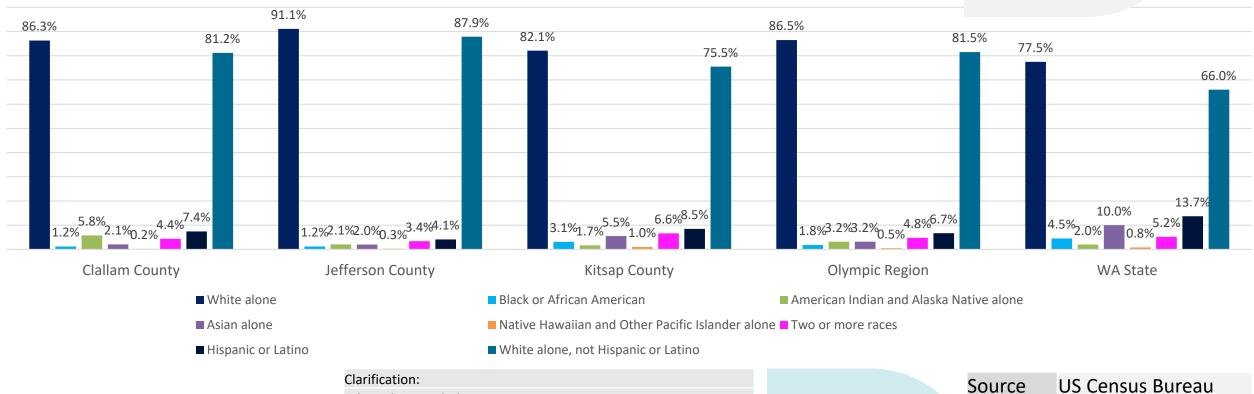






Regional Demographics: Race and Hispanic Origin





White alone; includes Hispanic or Latino

Black or African American alone; includes Hispanic or Latino

Asian alone; includes Hispanic or Latino

American Indian and Alaska Native alone; includes Hispanic or Latino Native Hawaiian or Other Pacific Islander alone; includes Hispanic or Latino

Two or more races; inlcudes Hispanic or Latino

Hispanic or Latino; regardless of race

White alone, Not Hispanic or Latino.

NOTE: regarding possible

over count -- individuals

who indicated being

Hispanic or Latino might

be counted twice if they

also indicated a race.

US Census Bureau



Icon image source: flaticon.com



Regional Demographics: Housing, income, and insurance

Data point	Clallam County	Jefferson County	Kitsap County	Olympic Region	WA State
2019 Median Household Income (Source: <u>Data USA</u>)	<u>\$55,090</u>	<u>\$57,693</u>	<u>\$78,969</u>	\$63,917	<u>\$77,006</u>
Average household size (Source: US Census	**		**1	**1	***
Bureau) Median gross rent (Source: US Census Bureau)	\$971	2.06 \$962	2.46 \$1,349	2.26 \$1,094	2.53 \$1,337
Unemployment rate	4.80%	<u>4.50%</u>	3.70%	4.33%	<u>3.70%</u>
(Source: <u>Data</u> <u>Commons</u>)					
Medicaid eligible clients (Source: <u>Health Care</u> <u>Authority</u>)					
	<u>32.28%</u>	<u>26.54%</u>	<u>23.32%</u>	<u>25.41%</u>	<u>29.18%</u>

Jefferson Kitsap

The Olympic region has a higher rate of unemployment compared to WA.







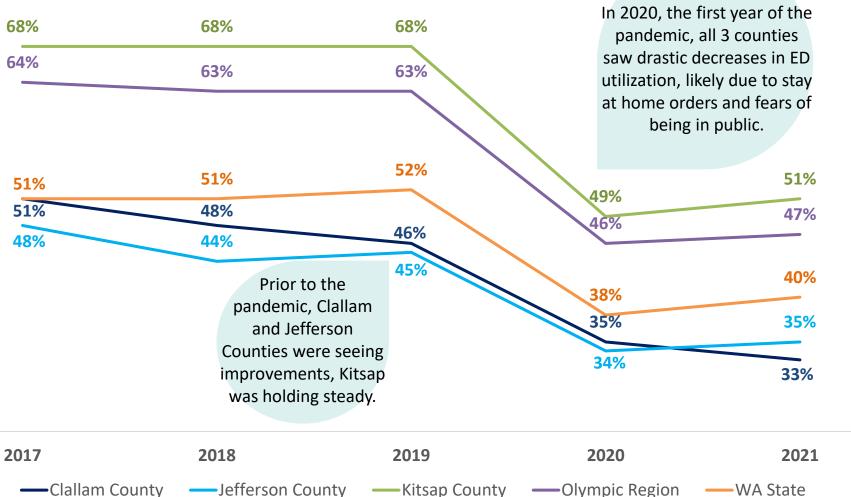


Emergency department indicators

Relate to all four OCH focus areas



Emergency Department (ED) Visits by Medicaid Beneficiaries for All Reasons



Source	Health Care Authority
Population Measured	Medicaid Beneficiaries
Definition	The percentage of community members enrolled in Medicaid with visits to an emergency department, including visits related to mental health and substance use disorder.
Key Code	A lower rate is better
Measure	Rate is calculated per 1,000 Medicaid Member Month
OCH Focus	All Focus Areas

Area





Emergency Department (ED) Visits by Medicaid Beneficiaries for All Reasons

Importance

Use of the emergency department (ED) is a high-intensity service and is often costly. Some use of this service is avoidable and may indicate poor care management, inadequate access to care, or poor patient choices.

Olympic region efforts/successes



Poulsbo Fire CARES Team

When a person in distress calls 911 and is experiencing a behavioral health crisis, first responders in the field can make referrals to the CARES team – a crisis intervention-trained firefighter, a social worker, and a substance use disorder professional – to respond in the moment or through follow-up care.

Forks Community Hospital

"We started contacting our emergency department patients. Each morning we run a report on who visited the ED the night before, review each chart, and prioritize each case. Patients requiring immediate follow-up care are contacted first, and we attempt to reach all patients within seven days of discharge,"

— Case Manager at Forks Community Hospital





East Jefferson Fire Rescue health response program in progress

A new East Jefferson Fire Rescue mobile health response program that began in early 2023 already has made a positive impact by connecting Jefferson County residents with the medical, behavioral, and social services they needed.

Port Angeles Community Paramedicine Program

In its first six months, the Community
Paramedicine program saw a 50% decrease in
911 calls and transports to the Emergency
Department after initial patient contact with the
Community Paramedic.





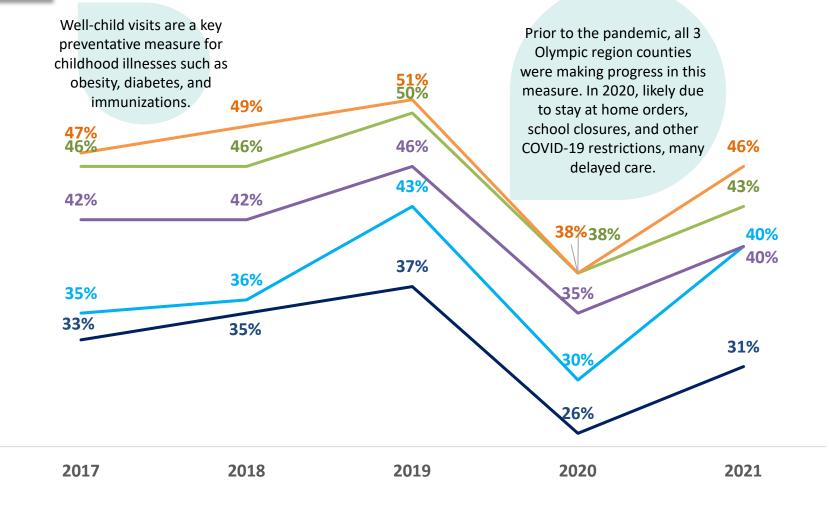
Indicators from OCH's

Access to the full spectrum of care

action plan



Child & Adolescents in the Olympic Region who had at Least One Well-Care Visit



—Clallam County —Jefferson County —Kitsap County —Olympic Region —WA State

Source	Health Care Authority
Population Measured	Medicaid Beneficiaries ages 3-21
Definition	The percentage of community members enrolled in Medicaid, ages 3 - 21, who had at least one well-care visit during the measurement year.
Key Code	A higher percentage is better
Measure	Percentage
OCH Focus Area	Access to the full spectrum of care





IMMUNIZATIONS ARE

ACTS OF KINDNESS

Child & Adolescents in the Olympic Region who had at Least One Well-Care Visit

Importance

Well-care visits are essential to ensure children and adolescents receive required vaccinations to attend school, go to daycare, and participate in sports. These visits are also an opportunity for parents to ask questions about child development and well-being. Delaying these visits can put children at risk.

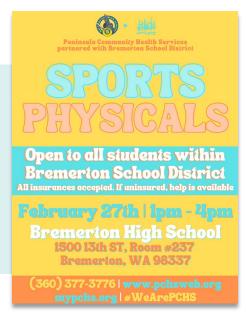
Olympic region efforts/successes

Youth flu shots

Every fall, Kitsap Children's Clinic holds a large flu clinic for their patients. Community members look forward to this event as Kitsap Children's Clinic provides a convenient and friendly opportunity for youth flu shots.

Peninsula Community Health Services

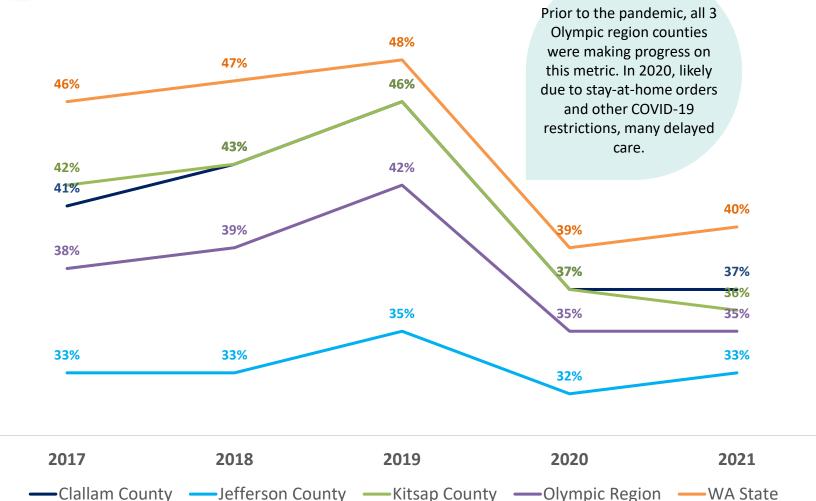
Peninsula Community Health Services partners with schools to provide physicals, vaccinations, and well-care visits for students.







Medicaid Beneficiaries in the Olympic Region who Received Dental Services



Source	Health Care Authority
Population Measured	Medicaid Beneficiaries
Definition	The percentage of community members enrolled in Medicaid (all ages) who received preventative or restorative dental services in the measurement year.
Key Code	A higher percentage is better
Measure	Percentage
OCH Focus	Access to the full
Area	spectrum of care





Medicaid Beneficiaries in the Olympic Region who Received Dental Services

Importance

Regular visits to the dentist are a key opportunity to prevent chronic pain, chronic disease, and cancer.

Olympic region efforts/successes

Stand by Me (Peninsula Community Health Services)

Peninsula Community Health Services (PCHS) strives to eliminate health disparities in the community. This commitment is highlighted by their recent success with the *Stand By Me* project, a care coordination effort in partnership with the Salvation Army. This model aims to remove barriers to health care, allowing many to access essential health services conveniently on-site at the Salvation Army.

Jamestown Healing Clinic

The Jamestown Healing Clinic is all about just that: healing. From its social navigator and medications for opiate use disorder, primary care, dental, and behavioral health services to finer details like its Native American architecture and art, the Clinic provides sustained recovery for those struggling with addiction. The Jamestown Healing Clinic aims to fill a significant gap in the Olympic region.



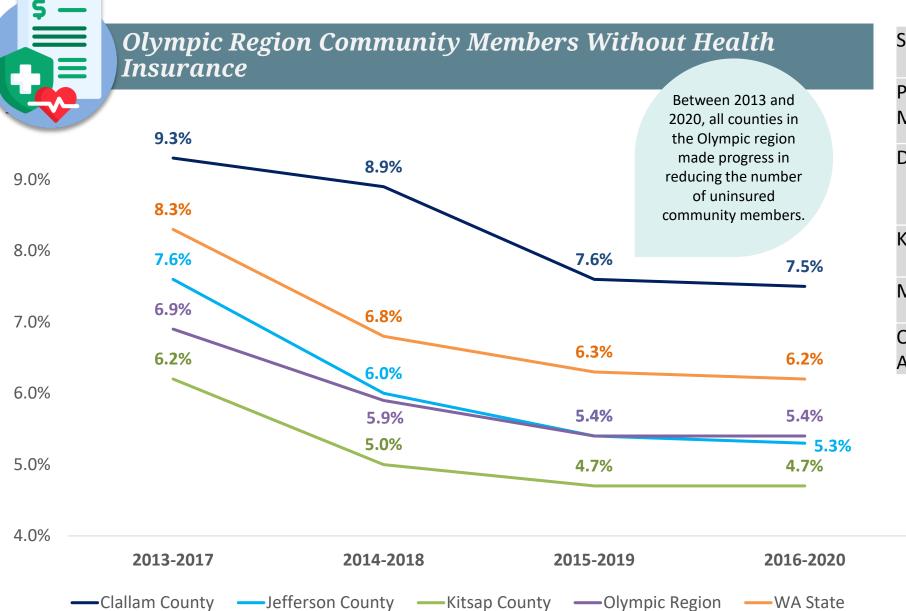




New dental clinics

Since 2018, 3 new dental clinics opened in the Olympic region serving adult Medicaid beneficiaries, drastically increasing access in Clallam and Jefferson counties.





Source	WA Department of Health
Population	
Measured	All community members
Definition	Percentage of people who don't have health insurance
Key Code	A lower percentage is better
Measure	Percentage
OCH Focus Area	Access to the full spectrum of care





Olympic Region Community Members Without Health Insurance

Importance

Health insurance protects people from unexpected, high medical costs. Health insurance covers essential health services important for optimal health and disease prevention.

Olympic region efforts/successes



Apple Health (Medicaid) and the public health emergency

During the COVID-19 public health emergency (PHE), the Health Care Authority (HCA) extended coverage for all Apple Health (Medicaid) clients. This extension ends in early 2023, so many community members will need to find new health insurance.

Jamestown S'Klallam & Sequim partnership

The City of Sequim partnered with Peninsula Behavioral health to hire clinical social services navigator for the Jamestown Healing Clinic to connect Healing Clinic clients to needed community services.





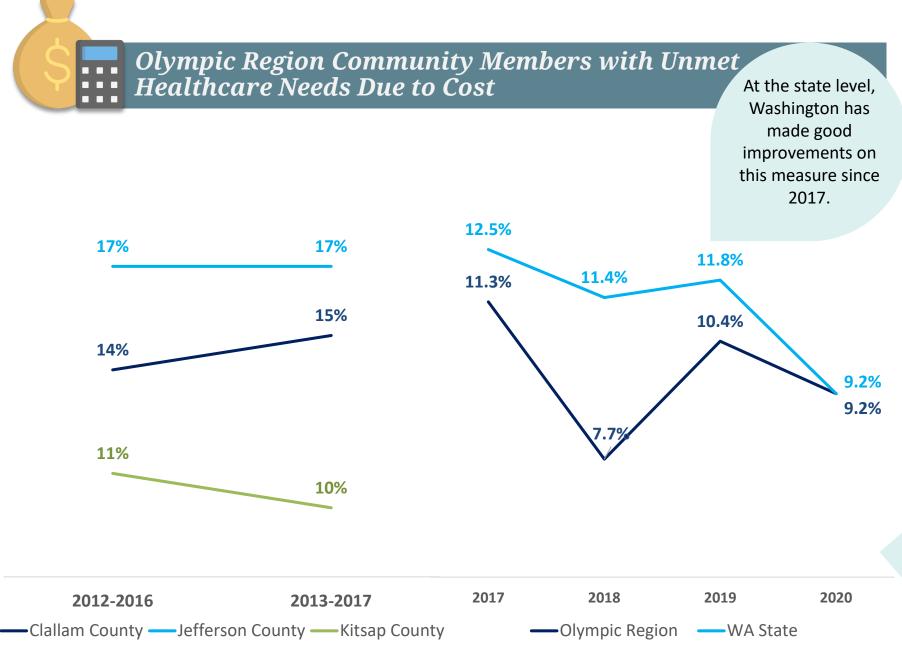
State grant to fund navigator for Jefferson County Sheriff's Office

The Board of Jefferson County Commissioners approved the acceptance of a grant to fund a mental health navigator position within the county Sheriff's Office.

Kitsap Immigration Assistance Center

Kitsap Immigrant Assistance Center (KIAC) is the only organization providing immigrant-centric family, immigration legal, and tax and business services in the West Salish/Puget Sound Region. KIAC offers a free medical clinic as well as low-cost dental services through a partnership with Peninsula Community Health Services.





Source	<u>Department of Health</u>
Population Measured	WA Adults
Definition	The percentage of individuals with unmet healthcare needs due to cost.
Key Code	A lower percentage is better
Measure	Percentage, aggregated data over 5 years for counties due to small numbers
OCH Focus	Access to the full
Area	spectrum of care

We don't yet have data on how the COVID-19 pandemic influenced this indicator, but we do know that many people delayed care in general due to stay-at-home orders and other pandemic precautions.





Olympic Region Community Members with Unmet Healthcare Needs Due to Cost

Importance

When community members delay care, there is an increased risk for disease or death.

Olympic region efforts/successes



Bainbridge Youth Services

Bainbridge Youth Services offers free and confidential professional mental health counseling and facilitates a thriving peer tutoring program.

Free clinic moves to community center

Every Tuesday evening, JC MASH opens the doors of the Port Townsend Community Center, 620 Tyler St., to patients without appointments and, in many cases, without the funds to pay for a doctor.



Photo source: Peninsula Daily News



North Olympic Healthcare Network (NOHN) mobile clinic

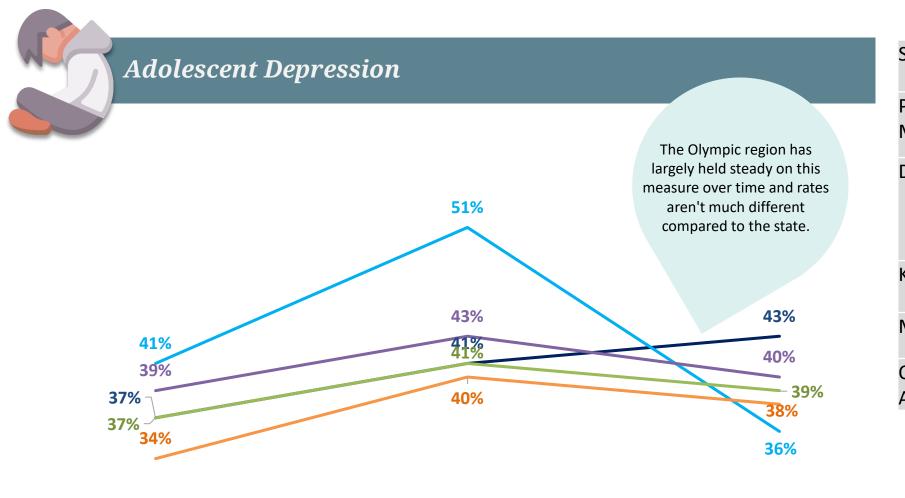
The mobile clinic is a partnership between the North Olympic Healthcare Network (NOHN) and the Port Angeles School District to bring medical and behavioral healthcare to all five of the district's elementary schools, Stevens Middle School and Port Angeles High School and Lincoln High School on a regular, often weekly, basis.

Free medical, dental, and behavioral health clinics

Olympic Peninsula Community Clinic is a free clinic, primarily serving low-income and homeless patients living in Clallam and Jefferson counties.







Source	<u>Department of Health -</u> <u>Healthy Youth Survey</u>
Population Measured	Youth in 10th Grade
Definition	Percent of students who report feeling sad or hopeless for at least two weeks in the past year
Key Code	A lower percentage is better
Measure	Percentage
OCH Focus Area	Access to the full spectrum of care







Adolescent Depression

Importance

Adolescence is a unique and formative time. Adolescents with mental health conditions are particularly vulnerable to social exclusion, discrimination, stigma, troubles at school, and risk-taking behaviors.

Olympic region efforts/successes



Bainbridge Youth Services

Bainbridge Youth Services offers free and confidential professional mental health counseling and facilitates a thriving peer tutoring program.

Integrated pediatric care

Kitsap Children's Clinic is creatively expanding services to meet the full spectrum of children's health needs by integrating behavioral health care. Contracting with Catholic Community Services has allowed patients of the clinic to access timely and convenient behavioral health care.





Behavioral health partnership with school district

North Olympic Healthcare Network's (NOHN) behavioral health team has providers representing the fields of psychology, social work, counseling, and care coordination. NOHN offers counseling services to the Port Angeles School District (PASD).

Student Poster Contest: Plant Hope, Grow Resilience

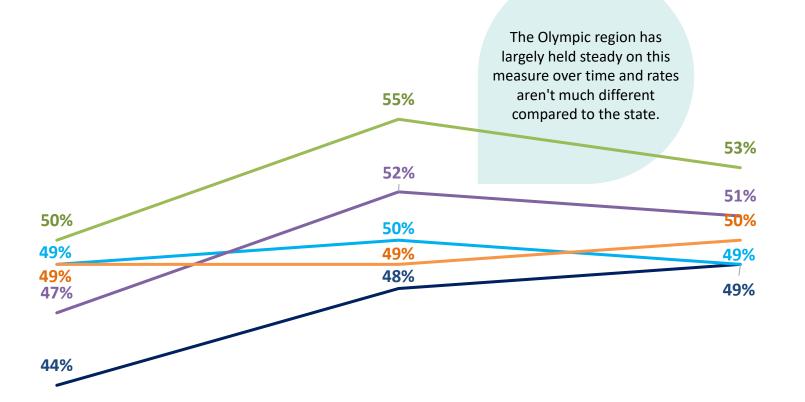
OCH hosted a poster contest to encourage hope and resilience during COVID-19. Students grades K-12 across the Olympic region were encouraged to submit poster designs inspired by the theme "Plant Hope, Grow Resilience". The poster contest is a part of a broader campaign aimed to provide messages and resources related to individual, family, and workforce resilience.







Adolescents With a Trusted Adult in their Life



Source	<u>Department of Health -</u> <u>Healthy Youth Survey</u>
Population Measured	Youth in 10th Grade
Definition	Percent of students who report they have an adult to turn to when they feel sad or hopeless
Key Code	A higher percentage is better
Measure	Percentage
OCH Focus Area	Access to the full spectrum of care







Adolescents With a Trusted Adult in their Life

Importance

Youth with a trusted adult in their life are more likely to engage in healthy decision-making, and those without a trusted adult are at greater risk.

Olympic region efforts/successes



Pfeiffer House

OWL360 is dedicated to maximizing the strengths of youth and young adults in Jefferson County. The first step the organization took to do this was to establish a place for young adults to find community in a sustainable living environment: Pfeiffer House.

Clallam Resilience Project

The Clallam Resilience Project is a consortium of over 50 organizations working together to foster resiliency for our residents, organizations, community, and systems. Using scientific research, the Project provides opportunities to connect, learn, and educate on how and why to apply trauma sensitive care.





Bainbridge Youth Services

Bainbridge Youth Services offers free and confidential professional mental health counseling and facilitates a thriving peer tutoring program.

Teen leadership programs

The YMCA of Pierce and Kitsap Counties offers a variety of teen leadership programs that provide safe places for youth to grow and thrive. Programs include youth government, youth leadership development, and more.

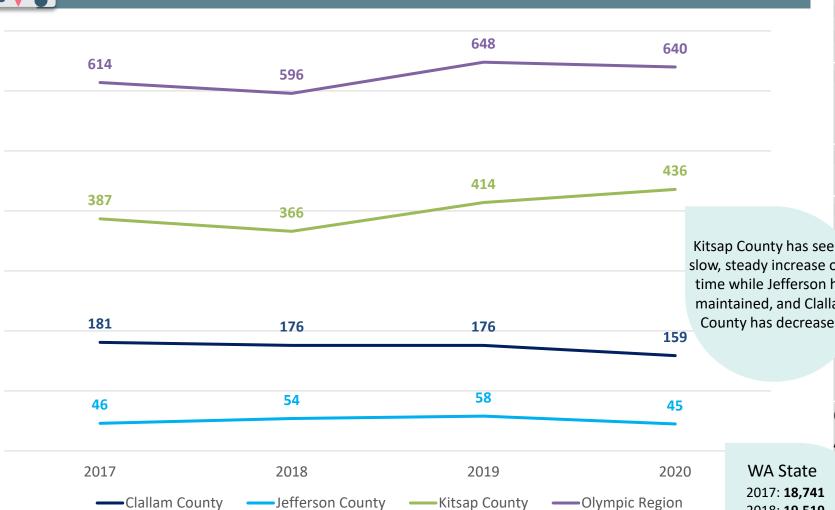


Image Source: YMCA

Olympic COMMUNITY of HEALTH



Number of Physicians Practicing



	Source	WA Office of Financial Management
	Population Measured	N/A
	Definition	The estimated number of physicians practicing in Washington counties
	Key Code	A higher number is better
e o n all	Measure en a over has am ed.	# practicing physicians. DOH collects data from the network access report, the national provider identifier registry, and from the provider license database.
	OCH Focus Area	Access to the full spectrum of care

2018: **19,519** 2019: **19,657** 2020: **20,563**





Number of Physicians Practicing

Importance

Adequate access to care includes having access to needed services and the ability to access care timely and easily. When there are enough physicians in a community, access to care is better.

Olympic region efforts/successes



Strengthening the health-serving workforce

During COVID-19, OCH heard from diverse health partners about the challenges around retaining and sustaining a talented workforce. Through a report published in 2022, OCH sought to learn how those in the health field are innovating to recruit, engage, develop, and retain employees. A strong workforce is key to the mission of OCH and that of local partners.

"Grow Your Own" program

Across Washington state, and specifically the Olympic region, health-serving workforce shortages pose critical barriers to providing quality and timely services for communities. Forks Community Hospital combats this challenge with its innovative Grow Your Own program, an employee centered and community-driven approach to building workforce capacity.





<u>Temporary housing support for new hires,</u> Jamestown Family Health Clinic

Historically, the Jamestown S'Klallam Tribe has provided up to three months of housing financial support for new hires, to provide them with a buffer to find adequate housing. Jamestown Family Health Clinic also owns a couple of rental homes to support new hires who are moving to the region and struggling to find housing. These approaches help recruit and maintain quality workforce.

Nursing residency, Jefferson Healthcare

To address the challenge of recruiting nurses, Jefferson Healthcare developed and implemented a nursing residency program for their Acute Care Unit, Intensive Care Unit, Emergency Department, Home Health, and Family Birth areas. They were extraordinarily successful in recruiting and hired nine new nurses through this approach.







Indicators from OCH's

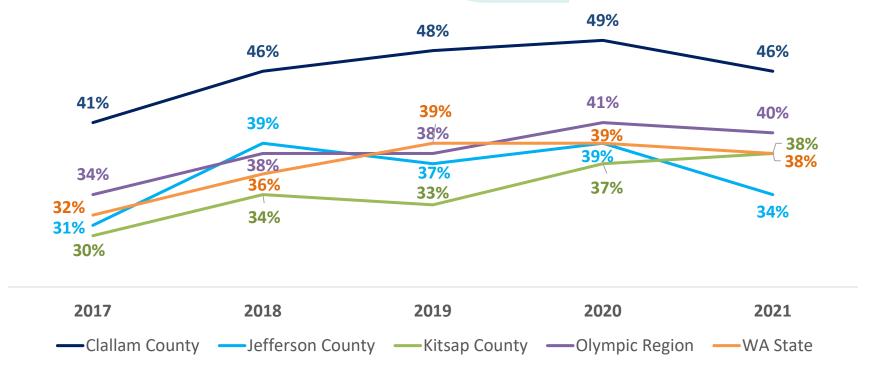
Together, recovery is possible

action plan



Medicaid Beneficiaries with a Substance Use Disorder who Receive Treatment

Leading up to the pandemic, the Olympic region was slowly making progress on this metric and this progress continued through the first year of the pandemic in 2020.



Source	Health Care Authority
Population Measured	Medicaid Beneficiaries
Definition	The percentage of community members enrolled in Medicaid, 12 years of age and older, with a substance use disorder treatment need identified within the past two years, who received at least one qualifying substance use disorder treatment during the measurement year.
Key Code	A higher percentage is better
Measure	Rate is calculated as a percentage
OCH Focus Area	Together, recovery is possible
	Olymbic





Medicaid Beneficiaries with a Substance Use Disorder who Receive Treatment

Importance

Accessing treatment for a substance use disorder (SUD) is an evidence-based strategy toward recovery. This indicator is a proxy for access and availability for treatment and an indicator of readiness by the patient.

Olympic region efforts/successes



<u>Coffee Break Video: Taking action to address</u> substance use disorder stigma

Olympic Community of Health presents the Coffee Break Video Series, addressing local health issues through community conversations and shared cups of coffee. Join Brian Burwell and Anya Callahan as they discuss the presence of stigma of substance use disorder in the Olympic region.

Jamestown Healing Clinic

The Jamestown Healing Clinic is all about just that: healing. From its social navigator and medications for opiate use disorder, primary care, dental, and behavioral health services to finer details like its Native American architecture and art, the Clinic provides sustained recovery for those struggling with addiction.



Mobile Clinic

<u>Believe in Recovery</u>'s mobile clinic is fully operational and serves South Jefferson County M-Th each week. Believe in Recovery has secured funds to sustain the mobile unit through 2024. They shared that they are most excited about, "bringing the services to where they are needed most in our community!"

On-site substance use disorder professional

<u>Clallam Health and Human Services</u> Harm Reduction Health Center partnered with <u>REdisCOVERY</u> to host a substance use disorder professional (SUD-P) onsite. During the initial project phase, three individuals were referred to treatment. Additionally, one program participant sought support to re-engage in treatment following relapse, indicating participants recognize they are supported wherever they are in their substance use journey.

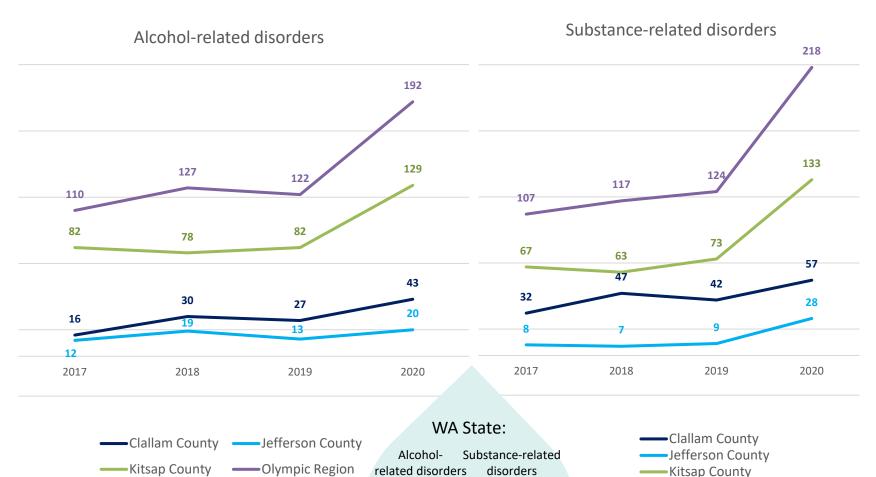








Inpatient Admissions among Medicaid Beneficiaries for Reasons Related to Substance and/or Alcohol Use



2017: 2,729

2018: 3,020

2019: 4,378

2020: 5,047

2017: **1,916**

2018: **2,386**

2019: **4,134**

2020: 4,746

Source	Health Care Authority
Population Measured	Medicaid Beneficiaries
Definition	The number of admissions to inpatient facilities by community members enrolled in Medicaid for reasons related to substance (substances that don't include alcohol) & alcohol use.
Key Code	A lower number is better
Measure	Individual admission numbers
OCH Focus Area	Together, recovery is possible





Inpatient Admissions among Medicaid Beneficiaries for Reasons Related to Substance and/or Alcohol Use

Importance

Preventing substance use disorders before they happen is ideal for healthy people and provides the least cost burden on the health care system. Access to quality outpatient treatment is ideal for people with substance use disorders. Inpatient treatment is costly and an indicator of inadequate access to care and stigma. Inpatient care is also a high burden for the client and their family.

Olympic region efforts/successes



Image Source: West Sound Treatment Center

Recovery, Empowerment, Advocacy, Linkage (REAL) Programs (West Sound Treatment Center)

The goal of the REAL Team is to engage members of the community who are at risk for encounters with law enforcement and first responders. Team members make connections, provide an initial assessment to determine needs, link individuals with services, and continue to empower and advocate for them as they work toward recovery.

Believe in Recovery

The clinic hosts a fully operational and serves South

Jefferson County. The mobile clinic allows Believe in

Recovery to reach the outlying communities of Quilcene
and Brinnon and provide services to clients who may not
otherwise be able to engage. They park the clinic at the
local fire departments in both towns four days a week,
half a day in each location.

Believe in Recovery, LLC
"Treatment with Integrity"



Image Source: Peninsula Community Health Services

Mobile dental services

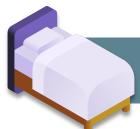
Kitsap Recovery Center partners with Peninsula Community Health Services to provide mobile dental services to clients. Dental pain is a common reason for substance use.

On-site substance use disorder professional

<u>Clallam Health and Human Services</u> Harm Reduction Health Center partnered with <u>REdisCOVERY</u> to host a substance use disorder professional (SUD-P) onsite. During the initial phase of the project, three individuals were referred to treatment. Additionally, one program participant sought support to re-engage in treatment following relapse, indicating participants recognize they are supported wherever they are in their substance use journey.







Number of Beds in the Olympic Region for Withdrawal Management (Detox)

Prior to 2020, the Olympic region had 32 beds for Clients and families must withdrawal management or "detox" for people with travel out of county to access this step toward substance use disorders. recovery. Kitsap In 2020, both Kitsap and Jefferson Clallam County saw a reduction in this service, leaving both Clallam and Jefferson county with zero beds.

Source	WA Recovery Helpline
Population Measured	N/A
Definition	The number of residential withdrawal management beds (short-term inpatient) for client experiencing mild-to-moderate withdrawal symptoms
Key Code	A higher number is better
Measure	Number of beds for this service
OCH Focus Area	Together, recovery is possible

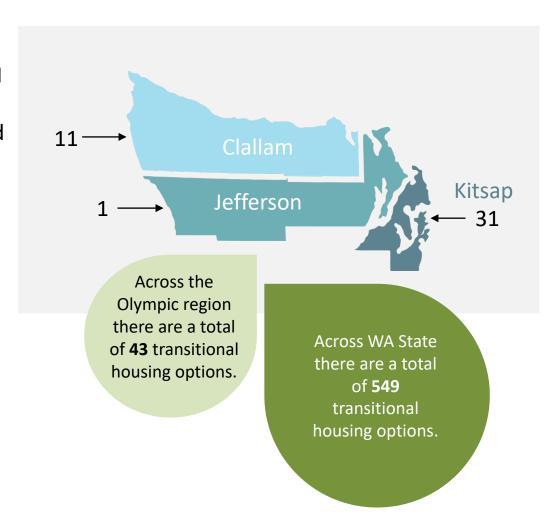




Transitional Housing Options in the Olympic Region

There is not an official data source for this measure, so OCH will work with partners to identify any missing options and will track moving forward.

There are more options available in Kitsap County and fewer in the rural areas.



Source	Transitional Housing .org
Population Measured	N/A
Definition	The number of housing options available that assist people with substance use disorders in transitioning from homelessness to permanent housing.
Key Code	A higher number is better
Measure	Number of options
OCH Focus Area	Together, recovery is possible





Transitional Housing Options in the Olympic Region

Importance

Though it takes many forms, transitional housing broadly refers to a supportive community that offers temporary housing for people experiencing homelessness and for people in crisis. It is typically more private and a stop gap until permanent housing can be found. Access to quality and safe housing is a key determinant to health.

Olympic region efforts/successes



Pendleton Place

Kitsap Mental Health Services is a local partner setting a strong example of what it means to be a "recovery hero". By opening the doors to their newest facility, 72 community members experiencing chronic homelessness and have a diagnosed behavioral health need will be able to call Pendleton Place "home". Pendleton Place is the first major permanent supportive housing facility in Kitsap County.

Eagles Wings Coordinated Care

Eagles Wings Coordinated Care continued hosting process groups for residents in recovery; fostering their mission, "community serving community". They continue remodeling a transitional house for people in recovery and anticipate welcoming community members in the home by April 2023.





Tiny homes, big impacts

Olympic Community Action Programs (OlyCAP) is tackling the housing crisis one tiny home at a time. Working alongside the Community Build Project, United Methodist Church, Bayside Housing, and the Jefferson County Commissioners, OlyCAP brought to life a village of twelve colorful tiny homes. The homes were created to provide temporary housing for vulnerable seniors in Jefferson County.

All-View Motel

The All-View Motel transformed from an old-school motor court to supportive housing for people with chronic mental health issues who are experiencing homelessness.





Perceived Stigma in the Olympic Region Towards People with Substance Use Disorders

Perceived stigma in the Olympic region

23

Low stigma

High stigma

In this initial survey conducted by OCH, baseline data were gathered to inform OCH program planning to address stigma of substance use disorder.

The Olympic region's score is in the top half of the scale range of 8-32, at 23, indicating greater perceived stigma in the region. Responses did not vary much by county geography.

The scale ranges from 8-32 with higher scores indicating greater perceived stigma

Source	Olympic Community of Health survey
Population Measured	
Definition	An 8-item self-report measure of community members' perceived stigma towards people with substance use disorders.
Key Code	A lower score is better
Measure	Median perceived stigma score (slide 10 of link)
OCH Focus Area	Together, recovery is possible





Perceived Stigma in the Olympic Region Towards People with Substance Use Disorders

Importance

In nearly all societies, individuals are stigmatized. People have been stigmatized based on various intersecting identifiers, including but not limited to race, religion, culture, and health status. People with physical and mental health conditions, diseases, or disabilities often experience stigma. While some progress has been made to reduce stigma around some health conditions, substance use disorders remain one of the most stigmatized health conditions worldwide. Even though addiction is a complex brain disorder, societies often view it as a personal failing.

Olympic region efforts/successes



<u>Coffee Break Video: Taking action to address</u> substance use disorder stigma

Olympic Community of Health presents the Coffee Break Video Series, addressing local health issues through community conversations and shared cups of coffee. Join Brian Burwell and Anya Callahan as they discuss the presence of stigma of substance use disorder in the Olympic region.

Recovery Hero Blog Series

Meet Stephanie Case, a member of Reflections Counseling Services Group's REAL Team, a mother of three, a recovery hero. Stephanie now works to provide the services and support that she once sought. She has wrestled with a substance addiction for the past 15 years and is a beautiful example that "recovery really is possible." OCH is honored to share the story of amazing recovery heroes like Stephanie.





Becoming a recovery friendly Olympic region

OCH recently compiled regional findings on the presence of SUD stigma into a presentation that was made available to groups across the Olympic region. This project was made possible thanks to the funding support from Cambia Health Solutions, background and data support from Collaborative Consulting, and the insights from our amazing partners.

Trauma-informed care trainings

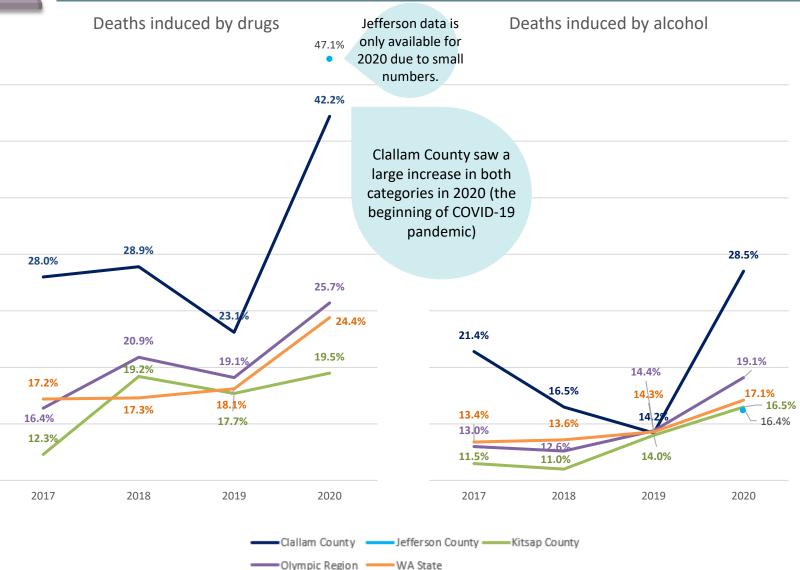
Olympic Community of Health and Kitsap Strong partnered up to provide a FREE four-part training, "Hope-Centered & Trauma-Informed: Using Science to Improve Outcome", Kitsap Strong led participants through SaintA's 7 Essential Ingredients of Trauma Informed Care, a framework for fostering safety, empathy, and collaboration. These are the fundamental components of true hope-centered relationships.







Deaths in the Olympic Region Induced by Drugs and Alcohol



Source	Department of Health
Population Measured	All
Definition	Deaths induced by drugs and alcohol
Key Code	A lower number is better
Measure	Age-adjusted rate per 100,000 ds= data suppressed due to low numbers.
OCH Focus Area	Together, recovery is possible

The region has seen a steady increase in both drug and alcohol induced deaths since 2017





Deaths in the Olympic Region Induced by Drugs and Alcohol

Importance

Deaths induced by alcohol and other drugs are entirely preventable.

Olympic region efforts/successes

A community-minded approach shapes care in Clallam

Reflections Counseling has built relationships with Medication Assisted Treatment prescribers. "We have established a relationship with the three primary prescribers in our community—Jamestown Family Health Clinic, North Olympic Healthcare Network, and Olympic Medical Physicians—to include changes in our curriculum and service delivery as the needs of the different prescribers have been presented to us."

Port Angeles Community Paramedicine

Determined to better serve the community, the Port Angeles Fire Department (PAFD) knew there was a better PORT way to prevent the overuse of emergency services. By crossing the sector divide and teaming up with local providers and community services, PAFD implemented a FIRE DEPARTMEN pilot Community Paramedicine program that is having an incredible impact on the community.





Coffee Break Video: Taking action to address substance use disorder stigma

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"Save a Life" community education campaign

OCH has developed a five-week social media and print campaign to raise awareness about opioid overdoses and ways to effectively respond in the event of an overdose.





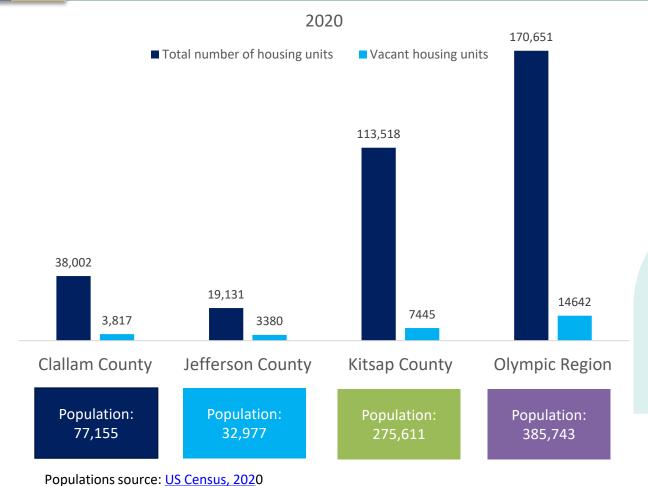


Indicators from OCH's

Everyone housed

action plan

Olympic Region Housing Units (Total and Vacant)



WA State
Total housing units:
3,257,185
Vacant housing units:
227,549
Population:

7,705,281

OCH For

Area

	Source	<u>US Census</u>
	Population Measured	N/A
	Definition	The number of housing units for each year.
	Key Code	
	Measure	A housing unit is a house, an apartment, a mobile home, a group of rooms, or a single room that is occupied (or if vacant, is intended for occupancy) as separate living quarters. Separate living quarters are those in which the occupants live and eat separately from any other persons in the building and which have direct access from the outside of the building or through a common hall.
	OCH Focus	Everyone housed





Number of Housing Units (Total and Vacant)

Importance

The total number of housing units in each county is one component of telling the story of housing. Some of the vacant housing units in a community may be available for renters. In the Olympic region, many vacant houses are second or vacation homes.

Olympic region efforts/successes



Makah Village of Hope

In the Spring of 2020, during the initial COVID-19 lockdown, community members realized a surprising number of Tribal members were experiencing homelessness. Community members with a housing need were immediately housed in unused resort cabins. Next, the Tribe gathered three single wide FEMA trailers to be used as tiny homes.

Silvernest home sharing

"Silvernest" home sharing platform allows homeowners to earn passive income by renting out room(s), like a dating app. Olympic Area Agency on Aging is implementing this platform in the Olympic region as a local housing solution.





Tiny homes, big impacts

Olympic Community Action Programs (OlyCAP) is tackling the housing crisis one tiny home at a time. Working alongside the Community Build Project, United Methodist Church, Bayside Housing, and the Jefferson County Commissioners, OlyCAP brought to life a village of twelve colorful tiny homes. The homes were created to provide temporary housing for vulnerable seniors in Jefferson County.

Habitat has plans for new neighborhood in Port Hadlock

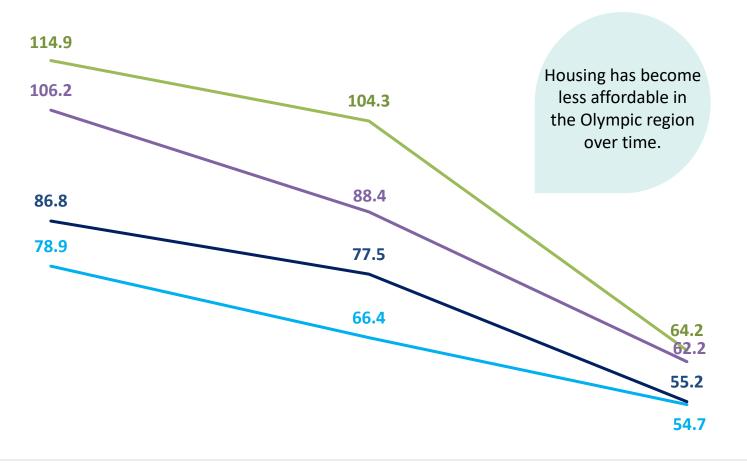
An old private airstrip near the Jefferson County Library in Port Hadlock could become the site of a new neighborhood of up to 120 homes of workforce housing. Habitat of Humanity of East Jefferson County has secured an option to buy the 17-acre property in the hopes it can raise roughly \$5 million to build the new subdivision.







Olympic Region Housing Affordability



	University of
	Washington/ WA
	Department of Licensing
Population Measured	Middle-income families
Definition	The ability for a middle- income family to carry the mortgage payments on a median priced home.
Key Code	A higher number means the housing is more affordable.
Measure	When the index is 100, there is a balance between the family's ability to pay and the cost.
OCH Focus Area	Everyone housed







Housing Affordability

Importance

Housing affordability is complex. Affordability varies by household based on income, percent of income that goes toward housing, and a myriad of other factors.

Olympic region efforts/successes



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Pendleton Place

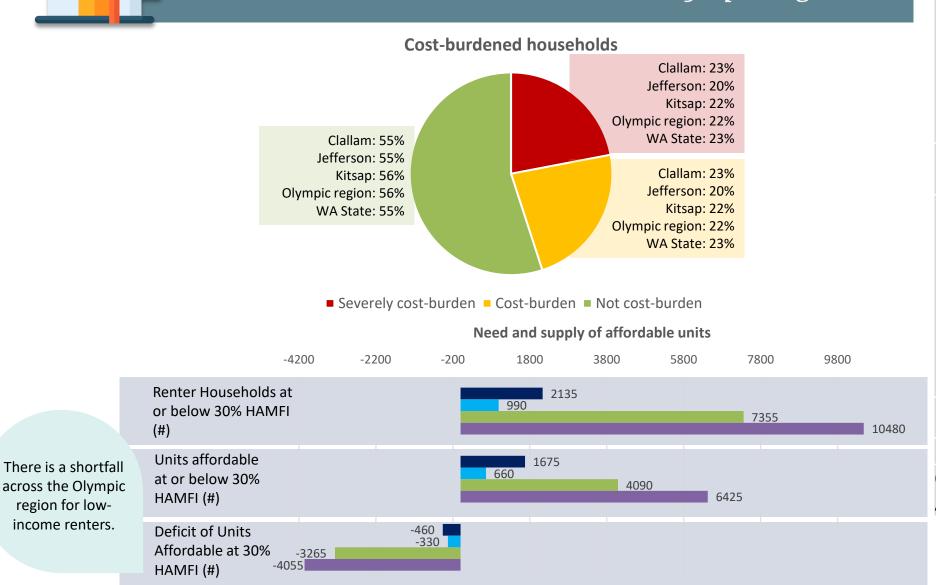
Kitsap Mental Health Services (KMHS) is a local partner setting a strong example of what it means to be a "recovery hero". By opening the doors to their newest facility, 72 community members experiencing chronic homelessness and have a diagnosed behavioral health need will be able to call Pendleton Place "home". Pendleton Place is the first major permanent supportive housing facility in Kitsap County.





Icon image source: flaticon.com

Cost-Burdened Renter Households in the Olympic Region

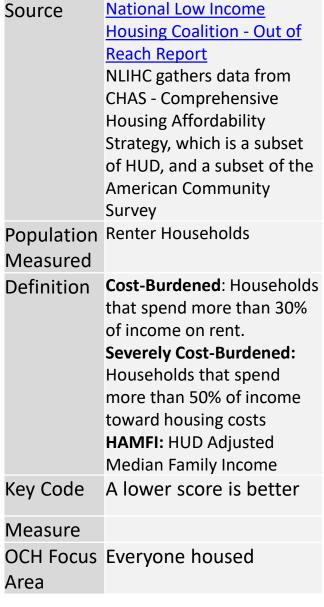


■ Clallam County

■ Jefferson County

■ Kitsap County

■ Olympic Region







Cost-Burdened Renter Households in the Olympic Region

Importance

Access to long-term, affordable, and quality housing is one of the most important determinants of health.

Olympic region efforts/successes



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Tiny homes, big impacts

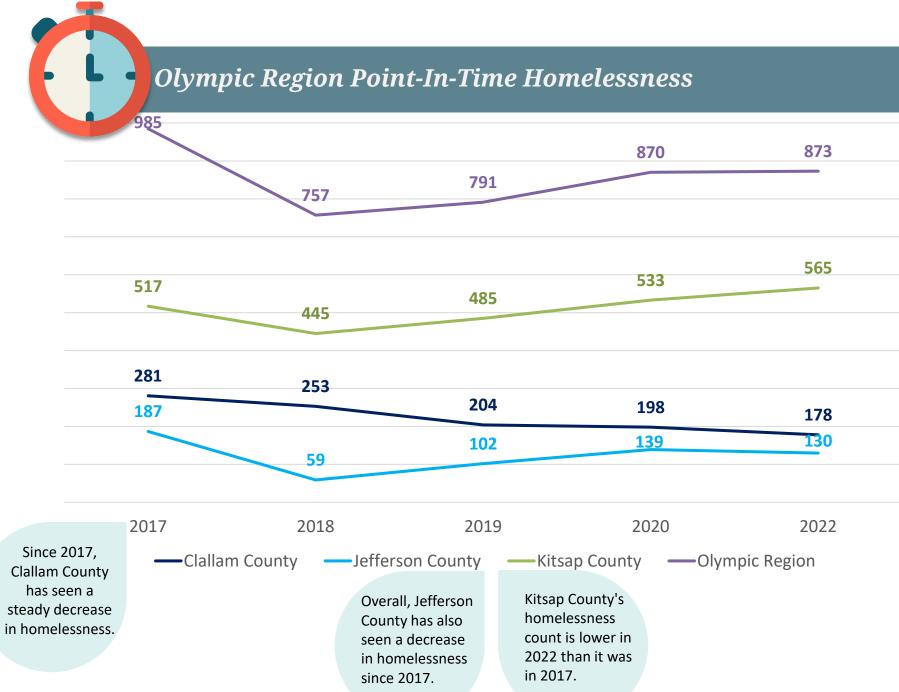
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Financial education courses

Kitsap Community Resources (KCR) offers a wide range of FREE financial literacy classes that will help you set and reach your goals for a more financially-sound future. KCR partnered with the Kitsap County financial community to offer a variety of classes taught by professionals that are committed to helping you succeed.







Source	WA Dept of Commerce
	Note: survey was not
	conducted in 2021 due
	to covid.
Population	People staying in
Measured	temporary housing
	programs or places not
	meant for human
	habitation.
Definition	An annual estimate
	count of all persons
	staying in temporary
	housing programs and
	places not meant for
	human habitation.
Key Code	A lower number is
	better
Measure	Point in time count
OCH Focus	Access to the full
Area	spectrum of care





Point-In-Time Homelessness

Importance

People experiencing homelessness belong to a group that is often singled out for attention. Many people experiencing homelessness have disabilities and/or behavioral health conditions. The US Department of Housing and Urban Development (HUD) requires an annual statewide count people without safe shelter.

Olympic region efforts/successes



All-View Motel

The All-View Motel transformed from an old-school motor court to supportive housing for people with chronic mental health issues who are experiencing homelessness.

Pendleton Place

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Respite pilot

Serenity House of Clallam County partnered with Clallam County Health and Human Services, Olympic Medical Center, and Olympic Peninsula Community Clinic to launch a two-year medical respite pilot in November 2022. During the pilot period, medical respite will be provided at the shelter with plans to evaluate the need for another location. This pilot is an opportunity for people who are experiencing homelessness to safely recover and be discharged from hospital.

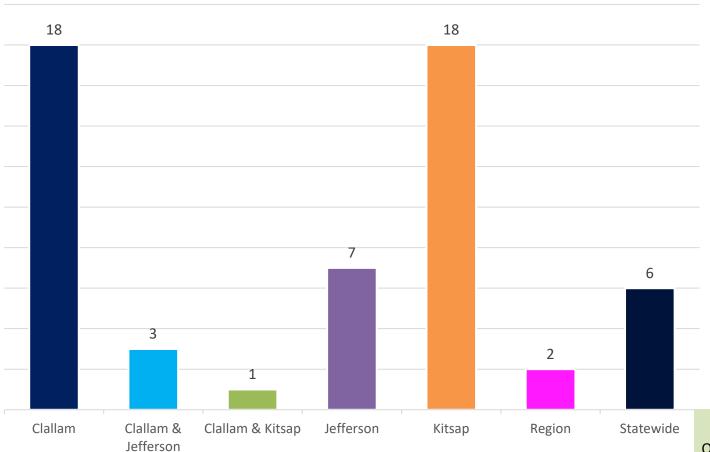


Indicators from OCH's

Stronger Together Partner Network Analysis



Olympic Community of Health Partners



Source	2022 Stronger Together:
Population Measured	OCH Partner Network
Definition	Organizations, agencies, and Tribes that are connected to Olympic Community of Health
Key Code	A higher number means more partnerships
Measure	Count
OCH Focus Area	OCH Partner Network

Overall network: **55 different**partners

OCH has partnerships with all seven Tribes in the Olympic region. Tribes were counted by geographic county.



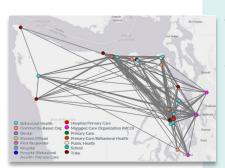


Olympic Community of Health Partners

Importance

The success of health transformation work in the Olympic region requires partnership and collaboration. When more partners are engaged, we can reach more community members and achieve better health outcomes.

Olympic region efforts/successes



Stronger Together: Partner network report

OCH collaborated with Vision Network Labs to better understand the network of partners across the region. The survey responses let to a visualized network of relationships, insights about the ways different partners work together, and identified opportunities to expand the network.

Expanding the OCH table

In 2022, OCH reached out to new partners to meaningfully engage on projects including tackling stigma of substance use disorder, addressing the health serving workforce crisis, community-clinical linkages, addressing social determinants of health, and more.





Enhanced transformation projects

In 2021, OCH encouraged <u>contracted partners</u> to take additional steps toward improving the determinants of health – those conditions in which people are born, grow, live, and age that affect a wide range of health, functional, and quality of life risks and outcomes. This built upon initial <u>work OCH facilitated</u> in 2020 to raise awareness and understanding about the importance of addressing the determinants of health.

Community-clinical linkages projects

Partners across the region are building strong partnerships between the clinical and community workforce to improve local health outcomes. OCH is inspired by the recent successes on local community-clinical linkage projects.



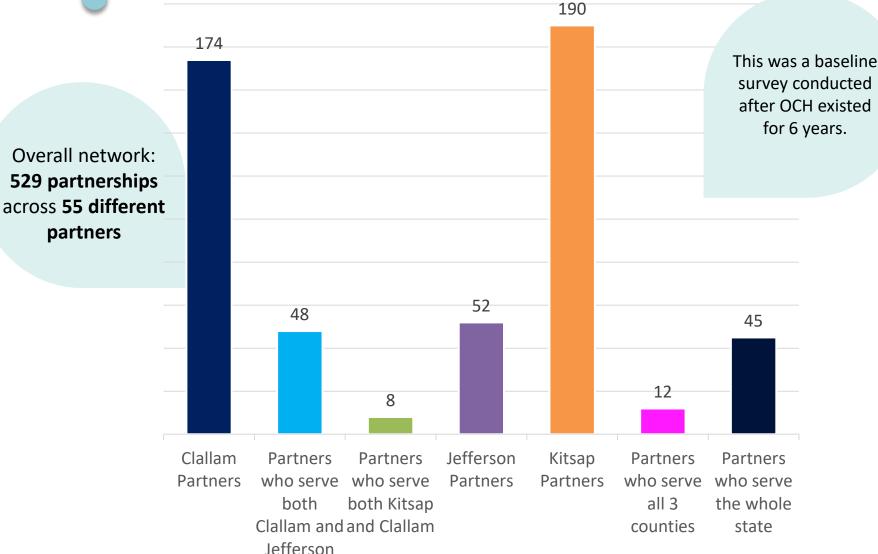








Olympic Community of Health relationships among partners



Source	2022 Stronger Together: Partner Network Report
Measured	OCH Partner Network
Definition	There are 529 relationships between the 55 partners in OCH's network. This measure gives insight regarding who those relationships are between.
Key Code	A higher number means more relationships between partners
Measure	Count
OCH Focus Area	OCH Partner Network

"OCH has helped to reduce the silos that can evolve and provided an opportunity to think more creatively in solution-seeking."

- OCH partner





Olympic Community of Health relationships among partners

Importance

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Olympic region efforts/successes



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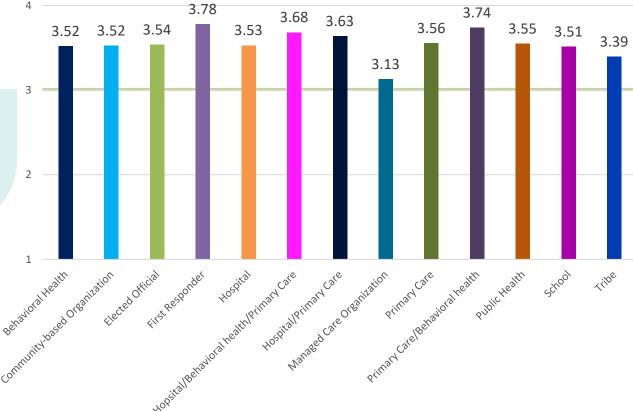




Perceived Trust in the OCH Partnership Network







These high trust scores indicate that the OCH network is operating on a strong foundation of trust upon which member collaborate with one another to further the network's mission.

This was a baseline survey conducted after OCH existed for 6 years.

Source	2022 Stronger Together: Partner Network Report
Population Measured	OCH Partner Network
Definition	Perceived trust within network relationships.
Key Code	A higher score is better
Measure t s ng t ers	Survey participants assessed each of their reported relationships on these three dimensions according to a 4-point scale, 1 = Not at all, 2 = A Small Amount, 3 = A Fair Amount, and 4 = A great deal.
OCH Focus Area	OCH Partner Network





Perceived Trust in the OCH Partnership Network

Importance

Trust in network relationships facilitates effective information exchange and decision-making and reduces duplication of effort among groups that may have previously competed.

Olympic region efforts/successes



Stronger Together: Partner network report

OCH recently collaborated with Vision Network Labs to better understand the network of partners across the region. Together, we conducted an evaluation that visualized network relationships, provided insights about the ways different partners work together, and identified opportunities to expand the network.

"We have seen the synergy that develops between the many organizations that come to the table together. We know that we need to use multiple resources that we each have in order to address these problems."

-OCH partner





Community baby shower

The Perinatal Mental Health Task Force, chaired by First Step Family Support Center recently threw their first annual Community Connection Baby Shower; bringing more than 30 partner organizations and 90 families together in one place to address the mental and physical health needs of parents, caregivers, and new families living on the Olympic Peninsula.

Community-based care coordination

Olympic Community of Health brought together partners from across the Olympic region to learn about creative approaches to community-based care coordination. This approach to care coordination brings together various organizations, Tribes, and sectors to collaboratively care for the unique needs of a specific community.

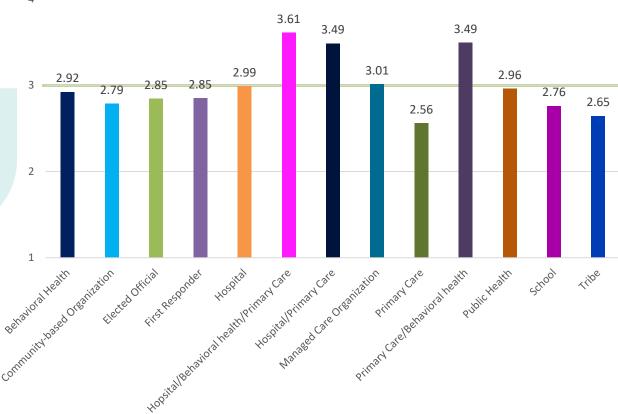




Value of the OCH Partnership Network

Perceived value by partner type (2022)





If a network average score for power and influence is lower, that often indicates that there are fewer of these types of partners in the network, or that these types of partners have fewer connections to others within the network.

This was a baseline survey conducted after OCH existed for 6 years.

Source	2022 Stronger Together: Partner Network Report
Population Measured	OCH Partner Network
Definition	Perceived value of network relationships.
Key Code	A higher score is better
Measure	Survey participants assessed each of their reported relationships on these three dimensions according to a 4-point scale, 1 = Not at all, 2 = A Small Amount, 3 = A Fair Amount, and 4 = A great deal.
OCH Focus Area	OCH Partner Network





Value of the OCH Partnership Network

Importance

Understanding the perceived value of network relationships is important in leveraging the different ways in which members contribute to the network. The column chart below depicts the average value scores within the network.

Olympic region efforts/successes



Stronger Together: Partner network report

OCH collaborated with Vision Network Labs to better understand the network of partners across the region. The evaluation visualized network relationships, provided insights about the ways different partners work together, and identified opportunities to expand the network.

"We all have unique areas of expertise, but when you combine them together, it's really better than the sum of the parts. That can dramatically improve the health of the community."

-OCH partner





Community and clinical partnerships video

Olympic Community of Health presents the Coffee Break Video Series, addressing local health issues through community conversations and shared cups of coffee. Join Danielle Gorman and Brian Gerdes as they discuss the importance of fostering partnerships between clinical providers and community-based organizations.

Community-based care coordination

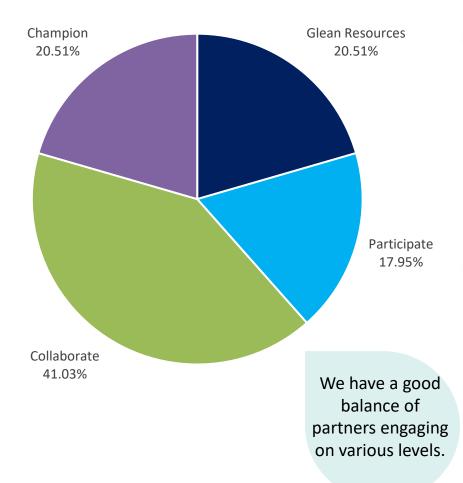
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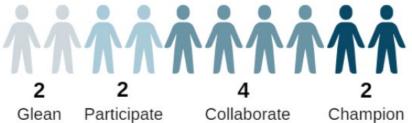


Level of Engagement of OCH Partners

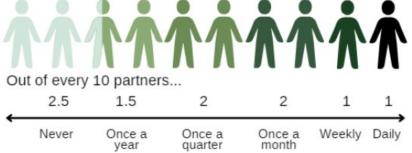
Level of Engagement across OCH network (2022)



How engaged are partners? Out of every 10...



The frequency in which partners interact with one another on OCH-related projects correlates with various engagement levels-- the more engaged a partner is, the more frequently they interact.



... interact with one another on OCH-related projects

Source	2022 Stronger Together: Partner Network Report
Population Measured	OCH Partner Network
Definition	Partnership model from OCHs strategic plan: - Glean resources (access OCH web resources or staff) - Participate (Glean + participate in OCH events) - Collaborate (Participate + contribute to products, data sharing, events or meetings) - Champion (Collaborate + raise policy issues, share best practices, and more)
Measure	Percent of network partners falling into each partnership model category
OCH Focus Area	OCH Partner Network



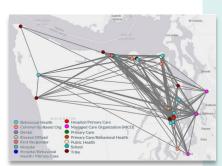


Level of Engagement of OCH Partners

Importance

OCH strives to have partners in all partnership model categories. Not all OCH partners likely have the time or resources to engage as champions, and if they were expected to, they might be at risk for burnout. Conversely, if a majority of partners categorized their engagement as "gleaning resources" only, network cohesion and effectiveness might not be possible.

Olympic region efforts/successes



Stronger Together: Partner network report

OCH collaborated with Vision Network Labs to better understand the network of partners across the region. The evaluation visualized network relationships, provided insights about the ways different partners work together, and identified opportunities to expand the network.

2021 Regional convening

OCH hosted the 2021 Stronger Together Regional Convening at the beautiful Kiana Lodge. The event provided partners to engage in various ways: partners shared local projects, gleaned info from OCH's stigma work, heard from different partners about care coordination efforts, and more.





OCH action plans

OCH is excited to share four-year action plans for each of the <u>strategic plan</u> focus areas. These action plans are directly informed by partners across the Olympic region. The actions will help bring to life the vision of a region of healthy people, thriving communities. They provide a wide variety of opportunities for partner engagement.

Sign up for OCH's newsletter

OCH sends out a weekly newsletter every Tuesday that includes upcoming events, resources, opportunities, and more. This is a great way to jump into the OCH network.





Thank you

Questions? Please connect with OCH@olympicch.org

What's next:

- Annual updates
- More success stories shared on the blog
- Staff available to present to your community or group or to sit down to discuss the information shared in the tool





Healthy people, thriving communities

Learn more at olympicch.org/data